



Farming & Food Access Internship

Open to adults 18+ with external funding

ABOUT FOOD TO POWER: Food to Power is a 501(c)3 nonprofit organization working to cultivate a healthy, equitable food system in Colorado Springs through programs in healthy food access, education and production. Food to Power is strongly committed to equity in its policies, practices, and programs. People of color, womxn, LGBTQ-identifying, individuals with disabilities and/or veterans are encouraged to apply.

Program Title: Farming & Food Access Internship

Reports to: Community Education Manager

Summary: This internship is intended for adults 18 years or older with an external source of funding (e.g. a fellowship or college summer internship fund). Interns will work up to 5 days a week at the Hillside Hub for 2-3 months, and will be involved in many aspects of Food to Power’s work, including: farming, composting, food recovery, community outreach, operating a no-cost grocery program, and educational programming.

Read below for internships specific to the Education & Advocacy department: FLY Coordinator Internship & Street Team Internship

Department: Food Education & Advocacy

Pay and Type: 20-40 hours/week, paid by outside organization or educational institution

Eligible for Overtime: Yes No

APPLICATION PROCESS

All applicants should have access to an external source of funding for this internship. A Food to Power staff committee will review applications on a rolling basis.

Our busiest season on the farm is April-October. We can accept 4-8 interns during the summer and up to 2 interns during the rest of the year. Roles by department are listed below, and the specific scope of an intern role will depend on interest in our specific programs and number of hours allotted.

If interested, please review the job description and fill out the application at this link: <https://forms.gle/B2JoVRuRppqwJaAv88>. Email ambrose@foodtopowerco.org to indicate that you have access to external funding, and to set up an interview date.

Essential Roles & Responsibilities

Interns will be responsible for assisting in multiple departments within Food to Power:

Food Production:

- Assist the Farm Manager 2-3 mornings/week in harvesting, washing, and packing produce for farm stand
- Assist the Compost Operations Manager 1-2 afternoons/week in the composting process: building and maintaining compost piles at the Hillside Hub

Food Access:

- Assist the Food Access team in the operation of a twice-weekly no-cost grocery program: unloading and sorting produce, and interacting with program participants
- Assist the Food Access team in packing food for delivery programs 2 times a week

[Optional] Collections Shifts or Community Corner

Interns may choose to get trained for any of these additional weekly shifts:

- Food Recovery (driving required): transporting food donations from grocery stores to No Cost Grocery Programs
- Compostable Collections (by electric bike or truck): picking up curbside food scraps and bringing them to our compost pad
- Community Corner: leading volunteers in a cooking or growing-based demonstration with free samples during select Saturday No Cost Grocery Programs

Food Education:

[Optional: If interns are interested working specifically in youth education or advocacy, they can interview specifically for these roles]

1. *F.L.Y. (Food-Systems Leadership for Youth) Coordinator internship - leading high school youth interns during the summer.*

- Follow the FLY internship curriculum that Food to Power provides and lead the group of 10-12 high school aged youth in their organization-wide internship, 2 days a week in June-July
- Cultivate and facilitate a positive learning environment for all youth
- Honor brave space and the time it takes to build it amongst groups
- Help maintain the cleanliness of the space
- Plan to attend field trips with the Education team
- Arrive early on FLY days to help set up, and stay until cleanup is complete
- Assist the Education team in collecting feedback from youth interns before, during, and after the internship

2. *Street Team internship - working to build advocacy leaders in Colorado Springs.*

- Receive training from our Advocacy Manager & other experienced organizers
- Learn about the food system & local food policy
- Speak to community members about issues in our food system
- Canvass the Hillside neighborhood in a team to get the word out on Food to Power programs & job opportunities

- Potential to get involved with further policy work like lobbying at the state level for policy that impacts our community

WHAT WE'RE LOOKING FOR

We recognize that there might be someone out there who would be great in this role with a different combination of skills and experiences. Research shows that people from historically marginalized groups are less likely to apply to jobs unless they feel they have every qualification. If you have at least half of these qualifications and think you'd be a great fit, please apply anyway. We would love to meet you.

Traits and Attributes:

- You can collaborate effectively with others in a dynamic environment
- You are excited to learn more about our local food system and develop skills in food production
- You can engage in people-centric environments, and are comfortable coordinating and communicating with diverse groups of people.
- You are engaged with movements for food justice, environmental justice and social justice, and their manifestations here in Colorado Springs

Skills & Qualifications:

- Comfortable with outdoor physical labor, and lifting items of up to 50 pounds
- NOT REQUIRED, but will be asked on application to inform our program planning: able to drive (knowing how to drive a manual car is an added bonus) for food recovery shifts

COMPENSATION AND BENEFITS

Compensation: Interns should be compensated by an external organization or educational institution, and track their hours independently. We will never ask you to work more hours than are stipulated through your funding program.

Benefits: Interns are encouraged to take a paid lunch hour every workday and participate in other staff wellness activities such as monthly team lunches, group workouts, and team outings.

Work Schedule: Interns can choose to work any 5 days out of the week, though due to our programming needs Mondays are NOT preferred. Hours will vary depending on how many hours are paid under their funding program. Notable programming on each day of the week is as follows:

Tuesdays: Food recovery or farm in the morning, No-Cost Grocery Program on-site in the afternoon. *FLY Coordinators needed all day.*

Wednesdays: Compost and/or farm all day, All-staff meetings every other week. *FLY Coordinators needed all day.*

Thursdays: Farm in the morning, Food delivery mid-day. *FLY Coordinators needed all day.*

Fridays: Farm in the morning, Food delivery in afternoons. *Street Team actions on this day.*

Saturdays: No-Cost Grocery Program on-site, Community Corner educational program, and weekly Farm Volunteer Days. *Street Team actions on this day.*

Sundays: Farm open/close duties, Compost Volunteer Days