



# 2019 ANNUAL REPORT

## COLORADO SPRINGS FOOD RESCUE

# A LETTER FROM OUR EXECUTIVE DIRECTOR

**To the incredible movers & shakers of Colorado Springs Food Rescue,**

We have a saying here at CSFR that goes something like this: “A tree’s branches are only as long as its roots”. To us, deepening roots means learning the history from which our inequitable food system sprouted. It means expanding kinship ties to include our neighbors. It means being resilient and adaptive in a region that only sees 18 inches of rain each year. And most importantly, it means getting our hands dirty.

When I look back on CSFR’s work in 2019, I see roots strong enough to crack asphalt. Last year, on a vacant plot of land donated to CSFR in 2018 by the Legacy Institute, we began digging in and developing the Hillside Hub. The Hub will be a community-driven space integrating programs & social enterprises in fresh food access, education & growing. Alongside dozens of Hillside residents, a handful of whom guide our work as CSFR staff, we hosted community clean-ups, created a community learning garden, held educational food systems programming on-site, expanded our composting social enterprise, and, with our partners at Haseya Advocates Program, constructed an Indigenous Healing Garden. As one of our 2019 F.L.Y. Farm Mentors & Palmer H.S. student, Christian Murillo, puts it: “I’m looking forward to helping a food sovereign community. There are many people that don’t have access to healthier food or food markets”.

Helping to build a food sovereign community in which community members have the power to determine how food is grown, shared, and cooked, is going to take transformation. And the Hillside Hub is going to foundationally shift how CSFR generates grassroots impact in our community. We’re excited to share more of this transformative process in due time. But for now, I ask you to consider a question as you look through our 2019 report: How can I deepen my roots in our community? Afterall, if transformation is what we’re seeking, it’s going to take all of us pitching in.

In deepest gratitude & solidarity,

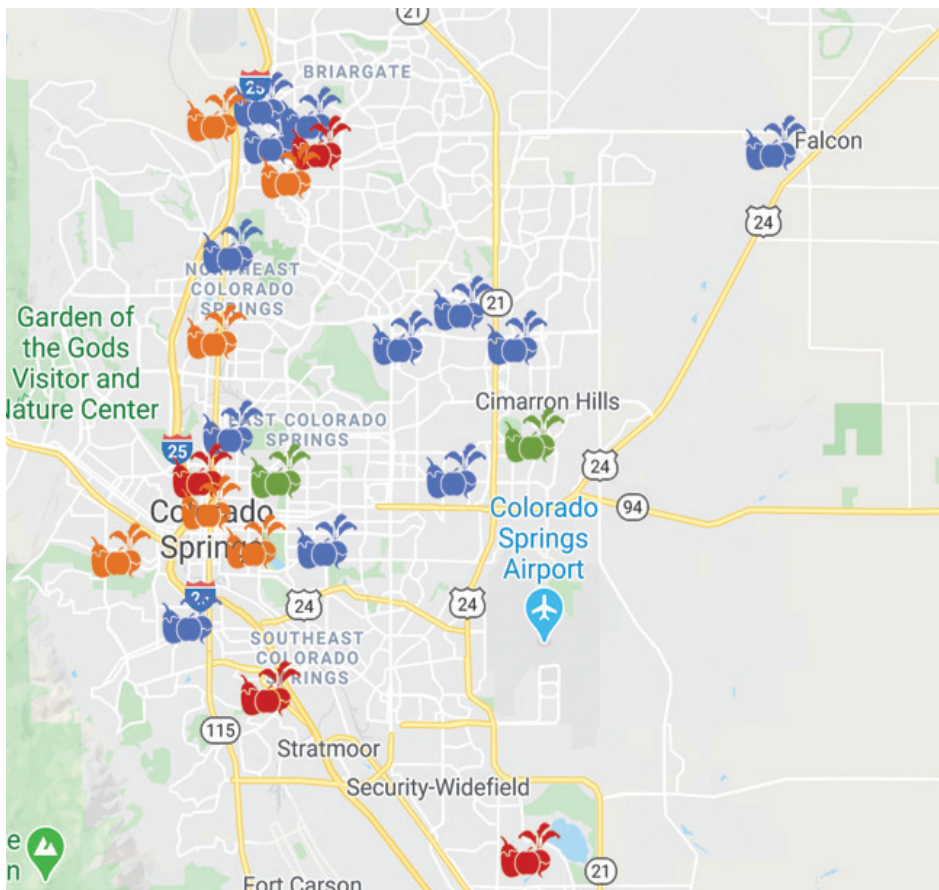
Zac Chapman





# MISSION

To cultivate a healthy, equitable food system in the greater Colorado Springs community.



## Food Donation Sites



Grocery stores



Schools



Restaurants



Others

# FOOD ACCESS

## Food Rescue

**336,650 lbs** of fresh food, non perishables, and flowers and non-edible household items rescued

Non edible lbs: 36783

Edible lbs: 299867

**25,326 total people served**

**12% was delivered on bikes**

**76 volunteers**

Almost **1500 volunteer hours** almost equally almost \$40k in time

## No Cost Grocery Programs

Number of programs: 8

**600+ lbs of food distributed per week**

People served at NCGPs: **13,438 adults, 7,600 children, 4,288 seniors**

[Click here](#) to learn more about our grocery programs, their participatory structure, and locations.

## Farmacy

**Pounds of food distributed: 10,165 lbs**

We would like to extend our sincerest gratitude to our health care partners in this program.

Matthews-Vu Medical Group since partnering in 2017 distributed **28,213 lbs** of fresh food to their patients and Sunrise Health Care, P.C. who has distributed **7,355 lbs** since partnering in 2018!

## Hub Club

**Number of interested members who have signed up: 15**

**Boxes sold: approximately 30**

SNAP Double Up Bucks approved

Launching Hub Club in 2019 was our first attempt at a low-cost food buying club and we will be the first to admit that we experienced some challenges with the pilot of this program.

[Click here](#) to learn more about the lessons learned and how we will be improving in 2020.







## FOOD PRODUCTION

### Soil Cycle

**20,000+ lbs** of food waste collected and composted

**70+ volunteers**

**1,000 lbs** of compost distributed back to gardeners and members

**117 members** in pickups

**2 drop off sites** served **77 members**

If all the food waste collected by Soil Cycle in 2019 had been sent to the landfill, it would have created **38,000 pounds of CO<sub>2</sub>e emissions**- equivalent to **1,539 days of electricity for the average 3-person household**.

[Click here](#) to learn more about Soil Cycle, its environmental impact and how you can be part of the solution.

### Fresh Food Connect

**Number of active gardeners this year: 27**

**Produce donated: 752 lbs**

Interested in growing a little extra produce this year to benefit your community?

[Click here](#) to get the app and sign up!

# FOOD EDUCATION

## Food Systems Assessment

Phase 2 of assessment

**4 neighborhoods of opportunity**

**670 residents** engaged through cold calls and canvassing

**26 in-depth resident interviews** conducted

[Click here](#) to learn more about the FSA, see a sneak peak of the info we are gathering through ground truthing and read the phase 1 results

## Community Education

Educational collaboration with **4 local colleges**

**40 middle school students** engaged through SEATO mentoring

Link to kids rap video?

**125 individuals** reached through Food Shed Forum

**5 community events** hosted



**COLLABORATION  
WITH 4 LOCAL  
COLLEGES**



**4 NEIGHBORHOODS  
OF OPPORTUNITY**



## FLY

Atlas Preparatory School

**12 interns**

**4 youth mentors** employed

**55 volunteer hours**

**6 educational field trips**

[FLY at Atlas Prep](#) was our flagship youth education program. The past few years, we have met some of the most incredible young leaders through this internship and employment program. However, as we focus our resources at the Hillside Hub, we will be relocating all of our F.L.Y. programming to the Hillside Hub in an effort to expand the reach to students from all over the Southeast side of COS and provide more hands-on, experiential food educational opportunities.

In the summer of 2019 we piloted our first FLY program at the Hillside Hub Community Learning Farm.

**Interns in the program: 6**

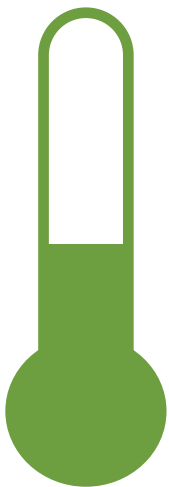
**85 volunteer hours** from students, families and people who donated their time

**30 new neighbors engaged**

**108 Student Educational Hours**

Skills-shared with interns: community-ownership, carpentry, planting, watering, fertilizing, landscaping, fence-building, sheet mulching, harvesting, construction, design

## HILLSIDE HUB



This year we began work on the [Hillside Hub property](#) by:

F.L.Y. interns and neighborhood residents began the design and construction of the Community Learning Farm

Soil Cycle began building soil on site for future growing success

**Hosted 2 community events**

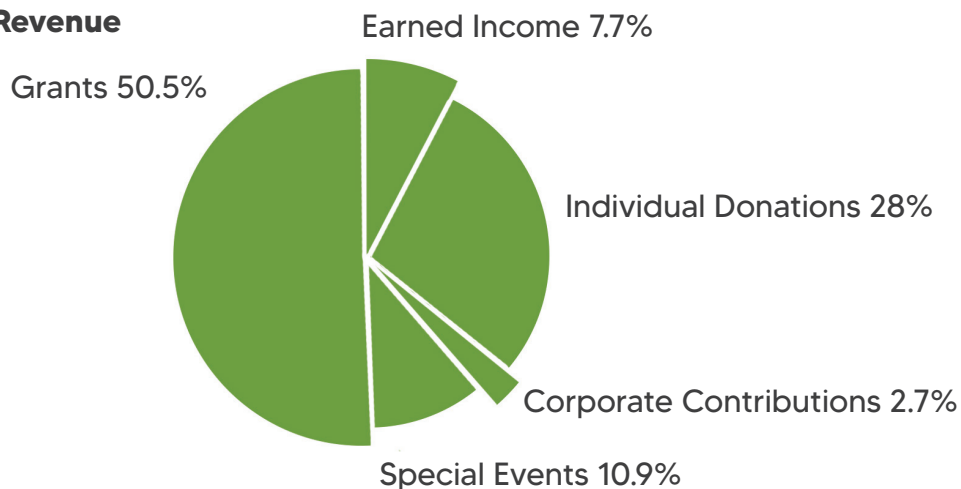
Haseya Advocates created Colorado Springs' **first Indigenous Healing Garden**

**\$1,489,569 CONFIRMED  
OF \$2,168,549 TOTAL  
PROJECT BUDGET**

If you are interested in learning more about the Hillside Hub and how you can get support this innovative new project, contact Zac Chapman at [zac@coloradospringsfoodrescue.org](mailto:zac@coloradospringsfoodrescue.org).

# DEVELOPMENT

## Revenue



## Expenses

Administration  
Fundraising  
Programmatic

Investing in the health of our community and food system benefits us all. We would not be able to cultivate a healthy, equitable food system in our community without the hundreds of passionate, enthusiastic supporters that believe in and contribute to our goals. Donate today to ensure the continued success of this important work.

## 2019 MAJOR DONORS

These dedicated foundations, families, and individuals contributed more than \$500 throughout the 2019 Fiscal Year.

Colorado Springs Health Foundation  
Colorado Health Foundation  
The Jobar Foundation  
El Pomar Foundation  
The Colorado Trust  
Mary K. Chapman Foundation  
Clif Bar Family Foundation  
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Zac Chapman  
Shandy Clinic  
Kirkpatrick Bank  
Chapman Foundation  
El Pomar  
Colorado College  
The Colorado Trust  
The Legacy Institute





## 2019 FRIENDS OF CSFR AND HARVEST CELEBRATION LIST

Friends of CSFR is a monthly giving program that provides CSFR with financial security through consistent, reliable support. The 2019 Friends of CSFR contributed between \$5 and \$500 a month in unrestricted funding to support our general operations. Becoming a Friend is one of the most meaningful ways to invest in our work, [click here](#) to become a Friend today!

Donella Berry  
Pam and Wayne Bland  
Lisa Blattner  
Patti Canova  
Monika Chapman  
Zac Chapman  
Kathy Crandall  
Jacquelyn Douglas

Megan Gillespie  
Landis Hackett  
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Bob and Sherry Lory  
Teelin Lucero  
Julie Nambiar

Steve Oliveri  
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David Salama  
Elissa Salama  
Abby Laine Sienkiewicz  
Annmarie Stanley  
Deborah Tebault  
Brittany Teter  
Hadar Zeigerson

We are incredibly grateful for the support of all of our sponsors and business partners whose dedication and commitment helped make 2019's Harvest Celebration our most successful fundraising event to date! When you support these businesses, you are supporting us!

Harvest Fiscal Sponsors  
Shandy Clinic  
Kirkpatrick Bank  
Chapman Foundation  
El Pomar  
Colorado College  
The Colorado Trust  
NAACP State Conference  
Harvest Vendor Sponsors  
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Snooze  
The Rabbit Hole  
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Bristol Brewing/ Principal's Office/STIR  
Goat Patch  
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